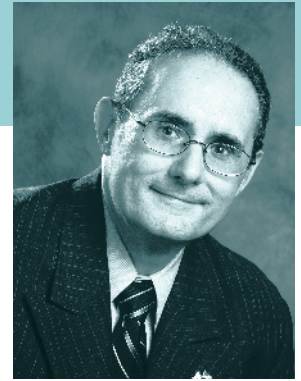


# Balancing Professional Dedication with Personal Fulfillment



Joseph A. Quagliata

Albert Einstein, in a letter to his son, wrote, “Life is like riding a bicycle. To keep your balance you must keep moving.” This advice is as pertinent today as it was when Einstein first dispensed it. Balance is critically important in all of our lives. Our commitment to work needs to be offset by other things: family, recreation, service, faith or whatever else brings us satisfaction and fulfillment.

This issue of *Intercom* focuses on professional news from around South Nassau. You will read about how we saluted the dedication and commitment of our staff nurses on Nurses' Day. You will meet some of our newest staff members and Home Care's Employee of the Quarter and see for yourself what makes her an outstanding member of our team.

Because balance is an essential part of life, this issue of *Intercom* also features stories showcasing the meaningful time your colleagues spend away from

work. You will learn, for example, about Kathy Boyle's unusual vacation at Space Camp. What a remarkable experience!

There is also information you can use to improve the environment (see the “Green Tip”) and safeguard your own health (see information on the Head and Neck Cancer Screening).

Reading through this issue, it is apparent that our family of health care professionals appreciates Einstein's suggestion to keep moving. Our staff is continually growing, evolving and learning. We are dedicated to our patients, and that dedication is manifested through numerous initiatives—lectures, screenings, clinical programs—as well as the ongoing pursuit of excellence that underscores everything we do.

While I am always impressed by this constant state of motion, I am equally proud of our ability to achieve balance,

both in our lives, balancing professional dedication with personal fulfillment, and within the walls of our hospital, where we balance clinical excellence with compassion, technical skills with humanity, expertise with empathy. This is truly at the heart of our mission. It is a gift that I thank you for sharing with all those we serve.

Sincerely,

Joseph A. Quagliata  
President and CEO



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